



# Chandler Unified School District

SPM200A Sports Medicine 2

SY 2023-24



## Course Overview

### Course Description

This course is a continuation of Sports Medicine 1. It is designed to increase students' knowledge of injury assessment, therapeutic modalities, and therapeutic exercise to treat athletic injuries. Students will have the opportunity to participate in HOSA: Future Health Professionals. Industry certification may be offered in this course. Students participating in the after-school Sports Medicine Student Aide Club must be enrolled in Sports Medicine 2.

### AP/IB/Dual Enrollment

This not an AP, IB, or Dual Enrollment course.

### Prerequisite/Fee(s)

\$25

### Course Materials

n/a

### Course Attire: Students are responsible for the following

School Dress Code

### Adopted Resource(s)

Essentials of Athletic Injury Management 11th Edition By William Prentice  
Anatomage Table (See Separate Permission Slip)

*\*An asterisk will indicate a resource containing sexually explicit materials per legislative definitions. CUSD has determined that all resources listed above are of exceptional educational value.*

## Site and Faculty Information

### School name and address:

Hamilton High School, 3700 S Arizona Ave, Chandler, AZ 85248

### Building principal:

Michael Delatorre  
delatorre.michael@cusd80.com

### Teacher:

Lance Michel, MEd, ATC  
michel.lance@cusd80.com

**Office hours:** Wednesday and Thursday during Conference Period

## Course Access

This course is taught in-person at Hamilton High School. Students will have access to the curriculum and instruction in the classroom. Google Classroom is the primary location for students to access material when absent from classes taught in person.

## Equipment Usage Agreement:

Students will receive training for the proper use and care of all equipment. I understand that while my student uses school equipment, they are responsible for its care. If school equipment is damaged, lost,

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stolen, or destroyed under my student's care, I further understand that my student and I will be responsible for the replacement or cost of repair of the damaged equipment.

## **CTE Program Responsibilities:**

### **Career & Technical Student Organization (CTSO)**

Career & Technical Student Organizations (CTSOs) are co-curricular organizations that help enrich applied academics, communications, and teamwork. Students in CTE programs can participate in CTSO leadership activities and competitive events.

This program is aligned with the following CTSO: HOSA.

### **Industry Credentials**

CTE programs allow each student to earn an industry certification aligned to their CTE program area. This CTE program will offer the following industry credential(s) for all students by program completion:

OSHA 10 - Healthcare

### **Technical Skills Assessment (TSA)**

Technical Skills Assessments (TSA) are an Arizona Department of Education high-stakes state assessment designed for each program area. The TSA is to certify and document student attainment of industry-validated knowledge and skills through online testing. The TSA is taken after the CTE program (year 2 or 3) of each program.

### **Non-Discrimination Clause/ Aviso de no discriminación**

The non-discrimination clause can be accessed using the link or QR code ([www.cusd80.com/Page/983](http://www.cusd80.com/Page/983))



## **Help**

### **Academic Support**

- Contact the teacher to schedule an appointment during office hours
- [Ed Tech](http://www.cusd80.com/Page/45109) support for students, parents/guardians, and community link ([cusd80.com/Page/45109](http://www.cusd80.com/Page/45109))

### **Mental Health Support**

- CUSD mental health support [cusd80.com/Domain/10528](http://www.cusd80.com/Domain/10528) or 480-573-8808 (talk or text)
- Suicide & Crisis Lifeline: 9-8-8 hotline
- 24-hour Crisis Line Talk: 602-222-9444, Text: 741-741

## **Student Conduct, Success, and Responsibilities**

### **Student Handbook**

Students must follow the policies and procedures established in the Student Handbook. Copies of the handbook can be found at [cusd80.com/handbooks](http://www.cusd80.com/handbooks). Printed copies will be provided upon request.

### **Student Responsibilities**

- Respect the Rights of others and Stay on Task
- NO cell phones, I-Pods and/ or electronic devices (School Code)
- Participate in all Hands on Learning Labs, Tasks and/or Activities
- NO Cheating and/ or Plagiarism
- Make up all missed work, notes, test, and quizzes if absent from class

### **Late work**

Students are responsible to make up ALL missed work, notes, test and quizzes if ABSENT from class

## **Assessments and Assignments**

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Students will complete assessments during each unit of study to assess their understanding. Students will complete the CUSD Common Final at the end of the first and second semesters. The Common Final will count for 20% of the student's final semester grade in grades 9-12 and 10% in grades 7-8 (some exceptions may apply at the Junior High level). Common finals will be in ELA, Math, Science, Social Science, and World Language.

Final exams will be given during the CUSD Jr High/High School Early Dismissal days in December and May, as identified on the [District Calendar](#).

If students are requested to participate in a survey, the survey questions will be provided to parents/guardians seven days before student contact.

## Grading

### Grade Percentage

A	B	C	D	F
90% - 100%	80% - 89%	70% - 79%	60% - 69%	<60%

### Quarter grades

Student's Quarter grade will be determined by dividing the total number of points earned or scored on test, quizzes, in-class assignments, selected homework and class participation points by the TOTAL number of possible points.

### Semester grades

Semester grades are calculated using 40/40/20: Each quarter accounts for 40% of the semester grade and the final exam accounts for the remaining 20%.

## Units of study

### Units for SPM200A Sports Medicine 2

Crutch Walking, Strength Training/ Conditioning & Rehab Concepts

Fractures, Sprains, Strains & Tendinitis

Modalities, Nutrition, Skin Conditions

Career Exploration

The FOOT, ANKLE, LOWER LEG

The KNEE, THIGH & HIP

The Torso, Spine/Neck & Low Back

The SHOULDER, ELBOW, FOREARM, WRIST & HAND

The Head/ Face & Brain (Concussions), Cranial Nerves

Responding to Emergency Situations

*\*An asterisk will indicate a unit of study containing sexually explicit materials per legislative definitions.*



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**Site:** Hamilton High School

**Building Principal:** Michael Delatorre, delatorre.michael@cusd80.com

**Teacher:** Lance Michel,, michel.lance@cusd80.com

Parents/Guardians should indicate if they "Acknowledge" or have a "Potential Conflict" with their student's participation in the following units by checking the appropriate box for each unit of study listed. Students cannot opt out of a standards-based unit. Marking "Potential Conflict" will prompt the teacher to make contact regarding assignment alternatives.

Unit of study	Acknowledge	Potential Conflict
Crutch Walking, Strength Training/ Conditioning & Rehab Concepts		
Fractures, Sprains, Strains & Tendinitis	<input type="checkbox"/>	<input type="checkbox"/>
Modalities, Nutrition, Skin Conditions	<input type="checkbox"/>	<input type="checkbox"/>
Career Exploration	<input type="checkbox"/>	<input type="checkbox"/>
The FOOT, ANKLE, LOWER LEG	<input type="checkbox"/>	<input type="checkbox"/>
The KNEE, THIGH & HIP	<input type="checkbox"/>	<input type="checkbox"/>
The Torso, Spine/Neck & Low Back	<input type="checkbox"/>	<input type="checkbox"/>
The SHOULDER, ELBOW, FOREARM, WRIST & HAND	<input type="checkbox"/>	<input type="checkbox"/>
The Head/ Face & Brain (Concussions), Cranial Nerves	<input type="checkbox"/>	<input type="checkbox"/>
Responding to Emergency Situations	<input type="checkbox"/>	<input type="checkbox"/>

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## Parent/Guardian

### Acknowledgment

By signing and returning this form, the parent/guardian acknowledges they have reviewed the resources and units of the study included in the syllabus.

- As the parent/guardian, I understand that I may contact the teacher if I have questions about the resources, content, or units of study.
- As the parent/guardian, I understand I can check my student's grades in Infinite Campus anytime during the school year.

Student name (printed)

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Student signature

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Parent/Guardian name (printed)

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Parent Signature

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Date

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***Please return this page to your student's teacher.***